

Parish and Community

The Link

St Mildreds Road



Westgate Bay Avenue

Westgate Bay Avenue



St Mildreds Road

**August
2024**

**The Magazine of
St Saviour's Parish Church**

THE PARISH CHURCH OF ST SAVIOUR WESTGATE ON SEA

Website www.stsaviourswestgate.org.uk

Email office@stsaviourswestgate.org.uk



Priest In Charge The Revd Jeffrey Foulger

Honorary Assistant Priests

The Revd Susan Wing

The Revd Barbara Way



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All other enquiries including Weddings & funerals contact
office@stsaviourswestgate.org.uk

WELCOME TO THE SEAMARSH GROUP

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St Saviour's Church, Westgate

INVITE YOU TO AN

ALL AGE SHORT

FAMILY SERVICE

SUNDAY 4th August

AT 10.30am





Donations of homemade cakes for the Scripture Union Beach Mission café in the marquee and for parent/carers at the Tiddlers Group would be much appreciated. They can be dropped off at Kearns Hall (Grenham Bay Avenue, Birchington) from Saturday 27th July and EVERYDAY for the two weeks of the holiday club (29th July up to and including 9th August).

We have also been asked whether we can run the café in the marquee at The Bay URC on Wednesday 31st July, Wednesday 7th August and Friday 9th August. The café opens at 10am but “staff” need to be there for 9.30am

Did you know that August is the most holy month of the year?

It is the month when most people take their holidays. Holidays or as they were called Holy days were originally religious festivals when people celebrated the life of the Saint their local church was named after. Many popular Saints days occur during the summer months, for example St Thomas on 3rd July, St Mary on 15th July and St Bartholomew on 24th August. Time free from work was to be celebrated, as the people cleaned out the church the night before and partied around and in it the next day.

In this country the legal right to paid holiday came from legislation in the 1930s, so, by 1975 most workers could expect to have at least two weeks off; it was during that year an estimated forty million Brits headed for a traditional UK seaside holiday. However, just 4 years later with the rise in foreign package deals, more money was paid out for overseas breaks than UK stays.

The father of package tourism was Thomas Cook. He became a Christian and was baptised at the age of nineteen and such was his enthusiasm for the Gospel that he walked from town to town in the Midlands preaching and giving out leaflets. It wasn't long before Thomas became a Baptist missionary and preacher and developed an interest in improving people's lives through the non-alcoholic drink movement. In 1841 he managed to get the Midland Counties Railway to run a special train between Leicester and Loughborough for a Temperance meeting for which he made a small charge. This was thought to be the first publicly advertised excursion and it was so popular that the railway company agreed to offer this service a permanent one on the condition that Cook organised the passengers. By 1855 he was arranging for tourists to head from Leicester to the Paris Exposition via Calais. Founded on strong Christian principles, Thomas Cook's travel business grew and after his death passed down to his son, eventually developing into the company known today. We read in the gospels that Jesus and His disciples made time for a holiday- albeit a brief one. Here is part of Marks Gospel Chapter 6 taken from the 'Message' version of the Bible.

The apostles then rendezvoused with Jesus and reported on all that they had done and taught. Jesus said, "Come off by yourselves; let's take a break and get a little rest." For there was constant coming and going. They didn't even have time to eat. So they got in the boat and went off to a remote place by themselves...'

In the Bible passage quoted, the account follows the occasion when Jesus sends his 12 disciples out. We read that they 'preached with joyful urgency that life can be radically different; right and left they sent the demons packing; they brought well-being to the sick, anointing their bodies, healing their spirits.' Jesus saw that giving

out in this way was emotionally and physically draining and they all needed a break. It has been proven by scientists that we all need time to 'switch off'. Working too hard and for too long can damage our physical and mental health. So as the Holy month begins may God bless you and all your family as we all try to *'get a little rest'*
Revd Jef'

The 1st Westgate Rainbows

We have enjoyed many activities some of which have been part of our badge work. The girls enjoy the arts and craft work where they make many different things and then take them home, they have decorated unicorns, painted stones, origami but they also enjoy outdoor activities planting sunflower seeds, litter picking, cleaning tables and chairs as part of their community work. Also the Rainbows love learning about other countries and their foods by helping prepare and also tasting some of the foods. We have had some of the girls go over the rainbow to join Brownies, one of whom achieved the highest Rainbow Gold Award and also enrolments of new Rainbows.

The highlight was the end of term where we had a Beach Safari meeting at West Bay. The Rainbows loved going through the rockpools looking for crabs etc, paddling and also building sandcastles with their buckets and spades. I will also hasten to add that the weather was very kind to us that evening.

The evening finished with us all having sausage & chips or chicken nuggets and chips from The West Bay Café followed by an ice lolly and individual bottled water.

We all went home tired but very satisfied after an enjoyable evening. and look forward to next term.

We have vacancies, so if you are interested in joining us follow the details on the poster.





Girlguiding



1st Westgate Rainbows

For Girls aged 5 to 7 years

Meet Fridays in term time

4.15 to 5.15pm

Westgate Community Centre

**STARTING A NEW PROGRAMME THIS YEAR WITH LOTS OF
EXCITING OPPORTUNITIES**

APPLY HERE : <https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/>

Any queries: westgaterainbows@outlook.com



HAPPY BIRTHDAY ST SAVIOUR'S CHURCH 140years old 23rd July 2024



Rev. Jeff cuts the 140th Birthday Cake





FROM THE REGISTERS

For those Baptised

“Shine as a light in the world, to the Glory of God the Father”

Sunday 7th July Margot

For those joined in Holy Matrimony

“God our Father, pour out your blessing on all joined in Holy Matrimony; that they may be joined in mutual love and companionship, in holiness and commitment to each other”

The Sick

“Lord, grant your healing presence to all who suffer in body, mind or spirit”

Liz & Peter Rowe, Mother Karen, Marjorie M, Heidi, Kevin,

Valerie L, Genevieve O, Charlie, Louise, Harry, Tina, Eugenius, Nojus, Wendy C, Amber, Richard T

The Departed

“Lord now lettest thou thy servant depart in peace, according to thy word”

We give thanks for the life of those who now rest in eternal peace, and pray for their families and friends

Revd Andrew Way

For those whose anniversary of death falls at this time.

“Dear God, we thank you for the rest in Christ they now enjoy, and thank you for giving them to us”

Peter Stacey, Tony B

World War 2 Roll of Honour for this month

Tom Appleby 26th August 1941

News from St Saviour's Church of England Junior School

The final day of the academic year is here and we are saying goodbye to a lovely cohort of children. I was very moved when saying farewell to this group, during the graduation ceremony at St. Saviour's Church last week. The church very kindly bought the children bookmarks, which I hope the children will keep as a reminder of the Christian values we have instilled in them.

I hope this cohort of Year 6 children will be as hard-working, polite and good-natured at their new schools as they have at St. Saviour's. We have been conducting tours for families who are starting with us in September. Nearly all the families we have shown around have commented on how settled our children are in class. I feel very lucky that the children we care for conduct themselves so beautifully around school. This is down to good parenting and excellent staff.

The welcome we received at St. Saviour's Church, for graduation was lovely; it was fantastic to have Reverend Jef give the final blessing at our end of year service on Monday. I also felt quite emotional when I gave the Graham Neve cup to another Year 6 child this year – I hope we are doing Graham proud.

As I write this, our teachers are getting ready to welcome a new class in September. We will, once again, welcome a cohort of new Year 3 children. I am looking forward to watching them grow, over four years, from hesitant, immature Year 3 children, to confident, mature Year 6 children.

I would like to thank everyone at St. Saviour's Church for their constant support of the school.

Nick Bonell, Headteacher

The Friends of St Saviour's Church Strawberry Tea

We had the most beautiful day for our Strawberry Cream Tea. The sun shone brightly on our social area where we had laid up places for 50 people including the Committee members. It was lovely to have help from church members and the Friends Committee setting up the tables, laying up the place settings, washing the strawberries, whipping the cream and setting up an amazing Raffle that Laraine had organised with some vouchers from local shops. Pam makes the best tea in Westgate and we served a lot of cups of tea! All those who came for tea really enjoyed the afternoon and there was a continual buzz from the social area. And then there was the washing up which was tackled with precision and good spirit! We raised £288 for the Friends Fund so thank you for your support.

Christine Bolger



Friends of Kent Churches Sponsored Ride and Stride

An early warning of the date of this year's event for all who might be interested in taking part. Remember – St. Saviour's receives half of your sponsorship money. The date to put in your diary is

Saturday 14th September 10am – 6pm

Last year the ride and stride raised in excess of £140,000. Every year the Friends of Kent Churches gives grants to churches to help pay for repairs to the fabric. So it is a worthwhile event, as well as giving you the chance to meet others connected with churches while enjoying the Kent countryside. This year is the 75th anniversary of the Friends of Kent Churches and the 40th of the Ride and Stride. We are asked to pull out all the stops and raise a record sum of money to celebrate.

The list of participating churches and the sponsor forms should be available in July. Please contact me if you wish to know more.

St. Saviour's aims to be open to visiting cyclists and walkers between 10am and 6pm and we need volunteers to 'church sit', preferably in pairs. Please let me know if you are able to help with this. Seeing an open church door, a friendly face and a toilet helps the day along.

Unfortunately, I will not be around on 14th September- I'm at my nephew's wedding in Wales, so I'm unable to do a stint in church - sorry!

I look forward to hearing from you, either for sponsor forms or to go on the rota of church sitters. Contact me by email or phone.

José Gibbs 01843 834767 gibbszzz@btinternet.com

Whilst you are welcome to take and enjoy a copy of “The Link”, donations towards the cost of printing would be appreciated,. **THANK YOU**

The deadline for SEPTEMBER 2024 “The Link” is
SUNDAY 25th AUGUST 2024

Hi Kent Hearing Aid Clinic

Westgate Council Office (Opposite the Cinema)

Every **SECOND THURSDAY OF EACH MONTH 10.30am to 11.30am.** Batteries, tubes and advice



If you would like a flower arrangement in Church in memory of a loved one, we can supply this at any time. Donations from £10.”

St Saviour's Church, Westgate

TODDLER TIME



Meets

MONDAY MORNINGS

(Term time only)

9.30am to 11.45am

**For pre-school children
and carers**



RECIPE FOR FLOURLESS CHOCOLATE CAKE

Ingredients

200g dark cooking chocolate chopped into small pieces

200g butter chopped into small pieces

3 eggs

175g caster sugar

100g mascarpone or soft cheese

1/4tsp vanilla extract

100g ground almonds

30g cocoa powder plus extra to serve.



Method

1. Heat the oven to 160c fan, line the base of a 20cm tin with baking parchment. Melt the chocolate and butter in a microwave or in a bowl over a pan of boiling water. Stir then leave to cool slightly.

2. Tip the eggs and sugar into a second bowl and beat with an electric whisk for 4 or 5 minutes until thick and creamy. Add the soft cheese and vanilla and continue to beat until everything is combined. Lightly fold in the cooled, melted chocolate mixture until everything is one, even colour, then fold in the almonds. Sift over the cocoa powder and a small pinch of salt and fold in to combine.

3 Scrape the batter into the prepared tin. Put on a baking tray and bake for 35 to 40 minutes until the cake has puffed up and has cracked on top. Remove from the oven and leave to cool in the tin for 30 to 40 minutes. It will deflate as it cools.

Dust with extra cocoa powder or decorate with fresh fruit.

Pam x

Hymnody

For almost two thousand years, Christians have used music as a way to worship. In the Bible the Apostle Paul writes: "Speak to one another with psalms, hymns and spiritual songs."

The word "hymn" comes from the Greek word "hymnos" which means "a song of praise". Originally these would have been written in honour of the Gods. Hymnody (the singing or composition of hymns) has evolved and changed over the centuries and been affected by new thinking and developing religious beliefs: throughout the history of the church, whenever there has been renewal, revival or restoration, new songs of worship have appeared.

During the Middle Ages hymnody developed in the form of Gregorian chant or 'plainsong'. It was sung in Latin and most often by monastic choirs. But in the 16th century, church goers were given much greater access to hymns following the invention of the printing press and the influential German theologian, Martin Luther, who began encouraging people to sing together in congregations.

In England the non-conformist minister Isaac Watts (1674-1748) began a transformation of congregational singing. Watts believed strongly that hymns should express the religious feelings of the people and he became a prolific writer, creating hundreds of new hymns. Watts has been described as "the liberator of English hymnody" as his hymns moved people away from simply singing Old Testament psalms, inspiring people to sing from the heart, with great faith and understanding.

In the late 19th Century a new style of hymnody known as 'gospel' emerged. These songs were usually characterised by a strong lead vocal and exciting harmonies and were a great influence on later contemporary worship worldwide.

The twentieth and twenty first centuries have seen an explosion of new hymn writers and approaches. The church today is richer than ever in musical resources and continues to bring congregations together through song.

Psalms 96 begins with...

1 O sing to the Lord a new song; sing to the Lord, all the earth. 2 Sing to the Lord; bless his name; tell of his salvation from day to day.

Best wishes & God bless, Steve, Verger

O E P E B E X H I B I T I O N
 A R C L Y E T W E S T G A T E
 D U H I U D R A U G T S A O C
 Z T C U R M C U H M A E R C W
 M P A K T Z S O D M S K C O R
 H I E M D R A U G E F I L I W
 N R B E U C E B R A B U X E R
 N C S Y A D I L O H U N I O N
 B S P M Q Y E L S T F A R C P
 T R A N S F I G U R A T I O N
 E R N T S W I M M I N G T R A
 Y W J T S U G U A O E M D S O
 B R C A N D E L A B R A K W W
 G D S A N D S R O T I S I V R
 W E M O L O H T R A B X G Y N

Art
 August
 Barbecue
 Bartholomew
 Beach
 Candelabra
 Coastguard
 Crafts



Cream
 Exhibition
 Holidays
 Ice
 Lifeguard
 Mary
 Plums
 Rocks



Sand
 Scripture
 Swimming
 Transfiguration
 Union
 Visitors
 Westgate

				5				6
	7			1				
9		5				3	1	
5			3				7	
3		1	7		8	9		4
	9				5			8
	6	9				7		5
				7			4	
1				2				

St Saviour's Church, Westgate

INVITE YOU TO AN

ALL AGE SHORT

FAMILY SERVICE

SUNDAY 1st September

AT 10.30am



SILVER AND GOLD TO A WELLINGTON BOOT

On one of my castle tours I visited Kenilworth Castle in Warwickshire. Although it is in ruins the high towers and walls are impressive & as you gaze around the insides of the remains of the buildings it must have been splendid in its day.

Around the outside walls where sheep now much their way round a meadow they would have needed snorkels as it once was a moat!

John of Gaunt – Duke of Lancaster (1340 to 99) once owned the castle & presided over the building of a Great Hall. John was a younger brother of Edward Prince of Wales (The Black Prince) 1330- 76 & he went on some of the military campaigns with Edward during what Historians refer to as the 100 Years War with France.

However John had his own agenda as his ambition was to become King of Castile (North Spain) but when negotiations failed then battles took place. Some won, some lost. But he always returned to England a richer man by gathering silver & gold, some stolen, some obtained by ransom demands. In fact by the 1380's he was the richest man in England. After his first wife (Blanche) died he then had an arranged marriage to Constance of Castille in the belief that this would lead to him becoming King of Castile. This however was not honoured & their relationship ended.

John now had another problem, how to stay alive in England! When his nephew Richard II became King it was John who was his main advisor but a teenage King became a bit of a tyrant & he executed several other of his advisors. Indeed, his Uncle John was also put on execution list! But with calm but firm discussions the chopping block was avoided. The people of the north supported John but people in London & the south did not. His London residence was the Savoy Palace. But a riot erupted & the palace was ransacked & burnt to the ground.

John was respected by the Scottish people so he was a calming influence in the north.

At one point the French thought it a good idea to sail an army to Scotland & join forces to fight the English. But they soon fell out with the Scots so they cut their losses & paddled back to France.

During my travels I came across 2 wall plaques depicting John of Gaunt & Constance of Castille. I enclose an image for your perusal.



The Hundred Years War continued off & on after the death of John of Gaunt. More battles took place. Henry V & Agincourt being one of the most well known English victories (1415) but the French later fought back inspired by Joan of Arc. After several French victories in 1429 there followed a few defeats & Joan was captured in 1431. The English put her on trial as a witch! & her fate was sealed as she was burnt at the stake on 30/5/1431.

So things seem to have settled down & just when you might be considering a holiday our King Henry VIII declared war on France in 1512 – 13. Fortunately this was a short lived conflict but then France declares War with England in 1522 – 25! This is a recurring theme in our history.

So I am going to push the fast forward button to bring us up to 1793 when a certain Napoleon Bonaparte decides to create a French Empire. Naturally he declares war on Britain as well as most of Europe.

At first he was very successful & he defeated many countries & became the Emperor of France. However by 1812 he and his army had to retreat from Moscow due to the harsh Winter weather. Much of his army froze to death. Trying to seek shelter under canvas at minus 40c. it is said the horses stood like statues as they were frozen solid!

By 1815 Napoleon was in France with a second army & ready to fight the British at the Battle of Waterloo. This is where the British Commander – the Duke of Wellington was to oversee the British Armies victory over the French thus ending the War.

Napoleon abdicated & lived on an Island called St Helena until his death in 1821.

So apart from the Duke of Wellington being hailed as a national hero in our history books he also left his legacy in the form of his type of boots! These were copied & adapted over the years & many a gardener or farmer wouldn't be without a pair of Wellington Boots! Over at Walmer Castle there are items that belonged to the Duke, including a pair of his boots on display.

There is one more historical fact which I think is appropriate to mention before I conclude this article.

In 1854 Britain & France declare war but not on each other. They actually join forces to fight Russia in what is known as The Crimean War. This encounter ended in 1856 when Russia flew the White Flag & signed a Peace Treaty. Two well known facts from this War was "The Charge of the Light Brigade", after some confusion among Commanders over 600 men on horseback armed with lances & swords were cut down by a multitude of cannon fire.

The Lady with the Lamp was Florence Nightingale who along with her group of nurses went to help the sick & wounded. They say more men died of sickness than battle wounds. She organised the cleaning of the hospitals & supplies of clean sheets, mattresses etc, even a clean kitchen area.

And so on to more recent times & what conflict of interest remain between Britain & France are usually fought out verbally between Politicians. There might be the odd bout of hand to hand combat among football fans but no more Waterloo!

And so I had better get a pair of red, white & blue wellies to enclose my feet, then go & check on those meadow munching sheep!

Your Scribe, Stephen (The Bruce), Steve 3.

THE PREMIERE OF A NEW
LIGHTSHOW BY LUXMURALIS

1ST – 5TH OCTOBER 2024

Scriptorium

The illuminated Histories

The show contains imagery from
the British Library Collections

Rochester
CATHEDRAL
Growing in Christ since AD604



Tickets and information
rochestercathedral.org/lightshow

Changes to Canterbury Cathedral's Precincts Pass

Some members of our congregation recently found out that the Precincts Pass enabling free access to the Cathedral and grounds has been discontinued so many of us need to purchase its replacement, known as the Cathedral Pass. This costs £6 and is valid for five years. No discounts are available but children under 17 are not required to hold a ☐ pass and can visit free of charge with a Cathedral Pass-holding adult.

Please note no Pass or Visitor Ticket is necessary to attend services of worship in the Cathedral.

The new Pass can be held by anyone who;

Works in the old city of Canterbury ☐

Lives within 4 miles of Bell Harry tower, including ☐ within The Precincts ☐

Is a member of the Cathedral Congregation ☐

Is immediate family of a Cathedral staff member ☐

Is a Cathedral Volunteer ☐

Is a member of any church in the diocese (on the ☐ parish electoral roll or equivalent) ☐

If you are a Friend of Canterbury Cathedral, please see the last paragraph of this article. Otherwise please apply for a Pass online at www.canterbury-cathedral.org or call 01227 762862.

By signing up to the Cathedral's Pass holder mailing list, you will also be kept up to date with all the latest information on services, events and activities at the Cathedral, often before general release.

If you would prefer not to purchase a Cathedral Pass, a ticket can be purchased on the day of your visit at the Cathedral's Visitor Centre. The standard visitor ticket is valid for 12 months, meaning you can re-visit the Cathedral as often as you want during that time at no extra cost.

Canterbury Cathedral can also be supported via Friends of Canterbury Cathedral membership. This is available to anyone, regardless of location, and offers free visitor entry, a range of free or discounted events, and discounts in the Cathedral Shop and Lodge for an annual membership fee. To become a Friend, please visit <https://www.canterbury-cathedral.org/get-involved/become-a-friend/>

CHURCH ACTIVITIES

Toddler Time Group meets Monday mornings 9.30am to 11.45am. **TERM TIME ONLY.**

Bellringers Practice every Thursday 7.30 to 9pm.

Bible Study Group meet Thursday at 7pm, details & inquiries ring Susan 836430 .

The Westgate Heritage Centre MEETS 1st SATURDAY of each month at Christchurch URC 10am to 12noon . Refreshments available. See website for further details.

The Friends of St Saviour's Church - Annual Membership Fee only £5

New members welcome. Join the Friends of St Saviour's church Subscription only £5 per year . All monies raised go towards the upkeep of the church and grounds. Membership forms at the back of the church or ring

Debbie Tel: 01843 446584 / 07896508399 email: drdebbie08@gmail.com

Church Cleaning 10am to 12 noon on the third Tuesday each month.

DATES FOR YOUR DIARY

St Saviour's Church has a Hearing Loop System

Large print Hymn Books and Pew Sheets are available.

Gluten Free wafers are also available please see

Sidespersons or Churchwardens



CHURCH SERVICES

Sunday Services

9am Holy Communion Prayer Book on the 2nd and 4th Sunday of each month and also on the 5th Sunday of a month where applicable.

10.30am Sung Eucharist

Service of the Word once a month when advertised.

Family Service for all ages the 1st Sunday of each month at 10.30am.

SEE NOTICES FOR SERVICES

COMMUNITY ACTIVITIES

1st Westgate Rainbows Fridays 4.15 to 5.15pm

8th Westgate Brownies & Guides Fridays 5.30 to 7pm

Brownies for ages 7 to 10 years Guides for 10 to 16 years

Both held at the Community Centre, Westgate.

JOIN THE **ADVENTURE....**

Come along and try 1st Westgate-On-Sea
Scout Group for Boys and Girls

Where: The Billabong,
St. Crispins Road
Westgate-On-Sea CT8 8EB

When: Beavers: Tuesday 5:15pm—6:30pm
Cubs: Tuesday 6:45pm—8:15pm
Scouts: Thursday 7:00pm—9:00pm

Ages: Beavers: 5 3/4—8 years
Cubs: 8—10 1/2 years
Scouts: 10 1/2—14 years

Contact: 1st Westgate-On-Sea Scout Group
Email: 1stwestgatescoutgroup@gmail.com