

Parish and Community

The Link

St Mildreds Road



Westgate Bay Avenue

Westgate Bay Avenue



St Mildreds Road

**September
2024**

**The Magazine of
St Saviour's Parish Church**

THE PARISH CHURCH OF ST SAVIOUR WESTGATE ON SEA

Website www.stsaviourswestgate.org.uk

Email office@stsaviourswestgate.org.uk



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Honorary Assistant Priests

The Revd Susan Wing

The Revd Barbara Way



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All other enquiries including Weddings & funerals contact
office@stsaviourswestgate.org.uk

WELCOME TO THE SEAMARSH GROUP

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St Saviour's Church, Westgate

INVITE YOU TO AN

ALL AGE SHORT

FAMILY SERVICE

SUNDAY 1st September

AT 10.30am



Twelve years ago I wrote an article about the upcoming London Olympics, I can't believe it was so long ago. By the time it was published I had fallen and broken my wrist in the Olympic Park and saw no sport. So, I watched it on TV avidly. The Paris Olympics has been very exciting but is now over, I watched it on TV avidly, but we do have the Para Olympics to look forward to.

To play any sport at this level requires a dedication and commitment that takes over your life. Paul is not above using that commitment to describe our journey with Christ through our lives. For the Gold Medal read Eternal Life. There are several references to the running of the race but 1 Corinthians 9: 24-27 describes Paul's determination and focus on winning the crown that will last forever. It is sound thinking though at first glance it seems too tough. To win at the Olympics is to attain a marvellous standard but the reward is in the winning and is fleeting. Adam Peaty, fastest man in the pool at 100 metres, lost his title and came second by a miniscule time difference. He has written an excellent article in the times Saturday supplement about finding faith in Christ. He says that "I'd rather have my faith in Jesus and come second than get gold".

For us and for him, the race that Paul describes is more serious and needs perseverance and determination in training ourselves. Of course, we are not going to run off down the road to get physically fit (though that is not a bad thing) but a journey through the Bible is a good start, feasting on the Word of God, so that we may live the life to which he calls us. Prayer is the conversation (two way) that opens up our life to Christ; that is prayer in all its forms not just intercessory but meditative, waiting for the Holy Spirit to touch and guide us. Then can we be transformed (slowly probably) into the person that God desires us to be. We need to hold onto these good disciplines of prayer and the word, of living the life of holiness that is not fashionable so that we might also attain the crown that is eternal. I hope that we may deepen our understanding of our faith during the months ahead perhaps by joining a group to study our faith, to listen to what God has to say to us and to reach out to friends and neighbours with the good news.

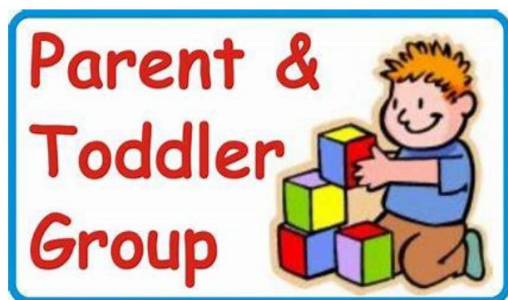
In today's world it does not seem to be the thing to show goodness or kindness or faithfulness or gentleness or self-discipline, let alone show love, joy and peace in our lives. Yet these are the very fruits of the Spirit that show the transformation of our lives into lives that are holy as God is Holy. Sadly, the Church seems, sometimes, to have lost sight of being God's instrument and fails to show some of these qualities as we battle to keep up our side of any argument in an ugly fashion. Meanwhile people need the love that God has poured out for them and of which he desires that we show a portion. In other places in the world, there is a real outpouring of the Holy Spirit on people who are in a hard place and the quality of their lives is changed. They do not become wealthy or be removed from the humbleness of their lives, but they are released from pain, prejudice and hatred, set free in their hearts and minds from the damage of conflict of whatever kind through the healing power of the Holy Spirit.

As we celebrate the Paris Olympics and the wonderful dedication and courage of athletes of all disciplines and ability, let us share Paul's enthusiasm to run the race of life to win the crown that is eternal.

God Bless Susan

St Saviour's Church, Westgate

TODDLER TIME



Meets

MONDAY MORNINGS

(Term time only)

9.15am to 11.30am

**For pre-school children
and carers**



Christians Together in Westbrook,
Westgate and Garlinge

Are hosting an evening at
The Methodist Church, Canterbury Road,
Garlinge
On
Tuesday 17 September, 6.30pm to 8pm.

Wes Hampton, Methodist Minister, will
speak about his pilgrimage
To be a Pilgrim:
Reflections on the Augustine Camino,
Refreshments will be provided and Wes
will give us an illustrated look at
Seven Days and Fourteen Centuries
of Pilgrimage.

Everyone welcome!
For any further information, please contact
Jenny Cartwright: 01843 228439.



Girlguiding



1st Westgate Rainbows

For Girls aged 5 to 7 years

Meet Fridays in term time

4.15 to 5.15pm

Westgate Community Centre

**STARTING A NEW PROGRAMME THIS YEAR WITH LOTS OF
EXCITING OPPORTUNITIES**

**APPLY HERE : [https://www.girlguiding.org.uk/information-
for-parents/register-your-daughter/](https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/)**

Any queries: westgaterainbows@outlook.com



FROM THE REGISTERS

For those Baptised

“Shine as a light in the world, to the Glory of God the Father”

For those joined in Holy Matrimony

“God our Father, pour out your blessing on all joined in Holy Matrimony; that they may be joined in mutual love and companionship, in holiness and commitment to each other”

The Sick

“Lord, grant your healing presence to all who suffer in body, mind or spirit”

Liz & Peter Rowe, Mother Karen, Marjorie M, Heidi, Kevin,

Valerie L, Genevieve O, Charlie, Louise, Harry, Tina, Eugenius, Nojus, Wendy C, Amber, Richard T, Donna

The Departed

“Lord now lettest thou thy servant depart in peace, according to thy word”

We give thanks for the life of those who now rest in eternal peace, and pray for their families and friends

For those whose anniversary of death falls at this time.

“Dear God, we thank you for the rest in Christ they now enjoy, and thank you for giving them to us”

Her Majesty Queen Elizabeth II, Cicerly, Patience, Everton, Alan

World War 2 Roll of Honour for this month

Robert Terry 13th September 1944

Friends of Kent Churches Sponsored Ride and Stride

An early warning of the date of this year's event for all who might be interested in taking part. Remember – St. Saviour's receives half of your sponsorship money. The date to put in your diary is

Saturday 14th September 10am – 6pm

Last year the ride and stride raised in excess of £140,000. Every year the Friends of Kent Churches gives grants to churches to help pay for repairs to the fabric. So it is a worthwhile event, as well as giving you the chance to meet others connected with churches while enjoying the Kent countryside. This year is the 75th anniversary of the Friends of Kent Churches and the 40th of the Ride and Stride. We are asked to pull out all the stops and raise a record sum of money to celebrate.

The list of participating churches and the sponsor forms should be available in July. Please contact me if you wish to know more.

St. Saviour's aims to be open to visiting cyclists and walkers between 10am and 6pm and we need volunteers to 'church sit', preferably in pairs. Please let me know if you are able to help with this. Seeing an open church door, a friendly face and a toilet helps the day along.

Unfortunately, I will not be around on 14th September- I'm at my nephew's wedding in Wales, so I'm unable to do a stint in church - sorry!

I look forward to hearing from you, either for sponsor forms or to go on the rota of church sitters. Contact me by email or phone.

José Gibbs 01843 834767 gibbszzz@btinternet.com



Whilst you are welcome to take and enjoy a copy of “The Link”, donations towards the cost of printing would be appreciated,. **THANK YOU**

The deadline for OCTOBER 2024 “The Link” is
SUNDAY 29th SEPTEMBER 2024

Hi Kent Hearing Aid Clinic

Westgate Council Office (Opposite the Cinema)

Every **SECOND THURSDAY OF EACH MONTH 10.30am to 11.30am.** Batteries, tubes and advice



If you would like a flower arrangement in Church in memory of a loved one, we can supply this at any time. Donations from £10.

A date for your diary

Christians Together in Westgate, Westbrook and Garlinge have arranged an event to be held in Garlinge Methodist Church on Tuesday 17th September from 6.30 to 8.00pm with the Revd Wes Hampton leading an illustrated look at seven days and fourteen centuries of pilgrimage entitled To be a Pilgrim: reflections on the Augustine Camino. The evening will include bring and share refreshments.

Invitation

Ann Friedlos from Holy Trinity, Margate, who spent several weeks with us last year as part of her training to become a licensed lay minister, has invited us to support her at her licensing service at Canterbury Cathedral on Sunday 22nd September at 5.30pm. The service will be live streamed on Canterbury Cathedral's You Tube Channel.

Church Services on Sundays 22nd and 29th September

It has been the custom in churches in the Wantsum Group to only have two Eucharist services a month in each church at 10.30am. When there are five Sundays in a month, the congregations unite for a Eucharist on the fifth Sunday necessitating a change in the normal monthly pattern of services for the church hosting the united service.

Our PCC agreed at its July meeting to adopt this custom for September 2024 as it is St Saviour's turn to host the united Eucharist for churches in the Wantsum Group and St Saviour's on the fifth Sunday.

This means our services on the last two Sundays this month will be as follows:

Sunday 22nd Book of Common Prayer Holy Communion Services at 9am with the Revd David Frost as preacher and celebrant. No service in St Saviour's at 10.30am. We have been invited to join the congregation of All Saints Birchington for their Sung Eucharist at 10.30am.

Sunday 29th Morning Prayer according to the Book of Common Prayer at 9am led by Alan Clark. Sung Eucharist (Common Worship) at 10.30am with the Revd Jef Foulger as preacher and celebrant.

Looking ahead to October

Our Harvest Festival Family Service will be a lay-led service on Sunday 6th October at 10.30am. Please join us and, if possible, bring donations of food in tins or jars for The Storehouse Food Bank run from the Baptist Church in Birchington.

Chocolate Chip and Pecan Butternut bread

Ingredients

250g butternut squash
125ml vegetable oil
2 medium eggs
200g light brown sugar
100ml milk
2tsp vanilla extract
1/2 tsp ground nutmeg
2tsp ground cinnamon
225g S/R flour
1tsp baking powder
100g dark chocolate chopped
75g pecans chopped



Method

1. Cut the squash into 2cm cubes, tip into a heatproof bowl, add 2 tbsp water, cover with a heat proof plate and microwave for 5/8 minutes. Leave to cool completely.
2. Heat oven to 180c fan, line a 900g loaf tin. Mash the squash, then add the eggs, oil, sugar, milk, vanilla extract, spices and 1/2 tsp salt. Mix until smooth then add the flour and baking powder. Mix again until smooth.
3. Stir through most of the chocolate and pecans. Scrape the batter into the prepared tin and scatter over the remaining chocolate and nuts.
4. Bake in the centre of the oven for 50 minutes until risen and golden and a skewer inserted into the centre comes out clean. Once cooked, leave in the tin for 15 minutes then transfer to a rack.

Serve this on its own or buttered. I used dark cooking chocolate from Aldi.

This is rather moreish!

Pam

x

R C Y S E P T E M B E R U F E
 A W O I Z C L A S S N J R I R
 J G Z O S S F E P Z R I W B S
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 Y P G U N I V E R S I T Y D U

Angels
 Baptism
 Bicycle
 Churches
 Class
 Daisy
 Education
 Friends



Harvest
 Kent
 Michaelmas
 New
 Ride
 School
 September
 Sponsorship



Stride
 Sunday
 Term
 University
 Walk
 Wedding

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The Friends of St Saviour's Church Strawberry Tea

The Friends of St Saviour's Church would like to say a BIG THANK YOU for the donations given for the Strawberry Tea Raffle from the following local businesses

CORK SCREW

PAUL'S BAR & BISTRO

CARLTON CINEMA

CHALK-ON-SEA

BEST ONE

THE CREATIVE TOUCH AT MORENA'S

ABI'S MOBILE HAIR STYLIST

BETHANYS

BUDGET BAZAAR

The very kind donations were much appreciated.





Follow the Star: Calm and Bright Children have returned to school, nights are drawing in and it's only a matter of time before discussion around Christmas begins! December can feel like chaos – lots of social events, services, Christmas presents to buy, never-ending to-do lists and the pressure to create the perfect Christmas. But in the midst of this chaos, our churches can offer an opportunity to find peace during this busy time. The Church of England's theme for Advent and Christmas 2024, Follow the Star: Calm and Bright, draws on the world-famous carol, Silent Night: "Silent Night! Holy Night! All is calm, all is bright..." Just this week I purchased a CD of Hymns by the Marlborough College Chapel Choir and one of the tracks is Silent Night. Listening to Silent Night on a hot day in August, still has a magic about it – definitely one of calm. One of the reasons that this carol is so universally loved is the way it invites us into the still centre of the Christmas story, to contemplate Mary holding the new-born Jesus, the Light of the World. The angelic messages we encounter in the biblical story of Jesus' birth typically hold together the need for calm in the present ("Do not be afraid" ... "Fear not") with the hope of a bright future ("for you have found favour with God" ... "for behold I bring you tidings of great joy"). A small booklet will be available to purchase in the Autumn and will support topics including: Throughout Advent, we will focus primarily on how to find Calm during this busy period, with reflections offering people a chance to pause during the busy season and tips on how to prepare for a calm Christmas. Then through Christmas, we will focus particularly on Bright, with a series of joyful reflections from Christmas Eve to the Eve of Epiphany (5 January) including tips for a bright Christmas. Once the Church of England's booklet is released, I'll let you all know the costs and if anyone would like to purchase their own copy, let me know and we should be able to place an order and save of any delivery charges.

Kind regards & God bless Steve Verger

St Saviour's Church, Westgate

INVITE YOU TO AN

ALL AGE SHORT

HARVEST FAMILY SERVICE

SUNDAY 6th OCTOBER

AT 10.30am



ENGLAND, ITALY, A PEN & A BLACK HOLE

How time flies as I think back over 40 years ago. At a time with no internet or what is termed as social media, sites such as TikTok or Facebook etc. for me once I had left school my friendships sprung up via motorbikes & the interest in music. While I liked some pop music of the day with artists like Slade, T Rex or David Bowie my real passion was Rock music. So much so that I usually bought a new album each pay day.

Of course, going to concerts was also a big thing for me, seeing Status Quo, Hawkwind, Alice Cooper etc. but I was keen to find out about other rock groups so the weekly or monthly music publications was a must read. But at the back pages there used to be a section for pen pals. You could reply to one of these adverts by sending an envelope to a Box number at the magazine address. If you were really keen you could put a SAE in with your letter & if you were really confident you could send a photo! But then you might be shot down in flames before you had a chance to take off!

Over the weeks I wrote to several & I received a few replies & from there I developed some good & rewarding friendships which resulted in shared experiences – going to concerts & even some holidays, travelling on motorbikes. These relationships were usually platonic with perhaps the odd romantic interlude but the pen pal adverts wasn't a dating site!

One such pen pal lived in Italy & we exchanged several letters, one of her favourite groups was called "Le Orme" & she actually sent me 3 of their albums (keen eh?) – the music was pretty good but the Italian lyrics were difficult to cope with! Her name was Gina & she was a few years younger than me, in fact she was a student & she came to England as part of her education. Her location was in or near Hastings so we arranged to meet up in Hastings. I think we only spoke on the phone once or twice to confirm the time and place. Fortunately she spoke good English which was a good job as about the only Italian I knew didn't go beyond Ferrari, Fiat, Alfa Romeo, Ducati Moto Guzzi & chow!

We had exchanged photos so I knew she was slim with long blonde hair while she could see I was a long haired chunky biker!

So after a bit of conversation I plonked my spare crash helmet onto her head & secured the chin strap. Then she leapt onto the back of my 750 Honda & off we sped into the wild blue yonder! Well more like green & grey yonder!

I took her to the Observatory Science Centre located at Herstmonceux. I think it may have been part of her education that she wanted to go there. I am not particularly over the moon about Astrology but it was interesting. Telescopes & items on display from the American Apollo moon rockets such as space suits etc.

A large room which I think are called Planetarium where you sit in the dark before above you the night sky appears & a voice tells you what you are looking at – stars, planets etc. Now I have read some books on the subject & the science presenter

Brian Cox explains things in a way I can almost understand. One thing I find intriguing/amazing are Black Holes. Apparently if the earth were to go near a black hole the gravity forces would pull the earth into the hole & so intense are the forces inside that it would crush the planet Earth into the size of, not an orange or a grape but to the size of a single grain of sand! How scientists come to this conclusion I have no idea but I quote the following – “the matter which is contained eventually crushed into a point known as a singularity. In the region around this point gravity is so intense that nothing not even light is able to escape from it. Astronomers call such a region a Black Hole”.

So, science lesson over! Then I took Gina out for a good old British meal in Hastings. Real English cuisine like sausage, egg & chips or pie & beans! (I know how to treat a girl!). well it must have made a change from a bowl of spaghetti hoops. Then after taking her back to her accommodation I rode back to North Kent. We did have another day out together before it was time for her to return to Italy. We continued to correspond for a few years until the airmail envelope with an Italian stamp stopped arriving in my post. The friendship had run its course & I like to think she had found another pen pal.

Meanwhile I was also enjoying the company of another pen pal based in Canterbury (also a student!) going to many concerts in Kent & London. Days out to historic locations & some jousting events at Chilham & Leeds castles, even a day at Brands Hatch.

There are many more magical memories which I may revisit at a later time. Some funny like the time I was sent a long letter, this in fact was a long roll of paper like a big toilet roll! – think I have still got it!

After 40 years I still have one of my original pen pals, we write a few times a year as well as exchanging birthday & Christmas gifts.

You may recall I wrote about the model ships at Peasholm Park, Scarborough – well I have photo & remember that a person lays down inside the ship to control it. If you look closely you will see a duck alongside the ship.

I must bring this to a close & looking out to the horizon I can't see a Black Hole so it must be safe to make a cheese roll!

Thank you for your time – your scribe,
Stephen (the Bruce), Steve 3



THE PREMIERE OF A NEW
LIGHTSHOW BY LUXMURALIS

1ST – 5TH OCTOBER 2024

Scriptorium

The illuminated Histories

The show contains imagery from
the British Library Collections

Rochester
CATHEDRAL
Growing in Christ since AD604



Tickets and information
rochestercathedral.org/lightshow

Changes to Canterbury Cathedral's Precincts Pass

Some members of our congregation recently found out that the Precincts Pass enabling free access to the Cathedral and grounds has been discontinued so many of us need to purchase its replacement, known as the Cathedral Pass. This costs £6 and is valid for five years. No discounts are available but children under 17 are not required to hold a ☐ pass and can visit free of charge with a Cathedral Pass-holding adult.

Please note no Pass or Visitor Ticket is necessary to attend services of worship in the Cathedral.

The new Pass can be held by anyone who;

Works in the old city of Canterbury ☐

Lives within 4 miles of Bell Harry tower, including ☐ within The Precincts ☐

Is a member of the Cathedral Congregation ☐

Is immediate family of a Cathedral staff member ☐

Is a Cathedral Volunteer ☐

Is a member of any church in the diocese (on the ☐ parish electoral roll or equivalent) ☐

If you are a Friend of Canterbury Cathedral, please see the last paragraph of this article. Otherwise please apply for a Pass online at www.canterbury-cathedral.org or call 01227 762862.

By signing up to the Cathedral's Pass holder mailing list, you will also be kept up to date with all the latest information on services, events and activities at the Cathedral, often before general release.

If you would prefer not to purchase a Cathedral Pass, a ticket can be purchased on the day of your visit at the Cathedral's Visitor Centre. The standard visitor ticket is valid for 12 months, meaning you can re-visit the Cathedral as often as you want during that time at no extra cost.

Canterbury Cathedral can also be supported via Friends of Canterbury Cathedral membership. This is available to anyone, regardless of location, and offers free visitor entry, a range of free or discounted events, and discounts in the Cathedral Shop and Lodge for an annual membership fee. To become a Friend, please visit <https://www.canterbury-cathedral.org/get-involved/become-a-friend/>

CHURCH ACTIVITIES

Toddler Time Group meets Monday mornings 9.15am to 11.30am. **TERM TIME ONLY.**

Bellringers Practice every Thursday 7.30 to 9pm.

Bible Study Group meet Thursday at 7pm, details & inquiries ring Susan 836430 .

The Westgate Heritage Centre MEETS 1st SATURDAY of each month at Christchurch URC 10am to 12noon . Refreshments available. See website for further details.

The Friends of St Saviour's Church - Annual Membership Fee only £5

New members welcome. Join the Friends of St Saviour's church Subscription only £5 per year . All monies raised go towards the upkeep of the church and grounds. Membership forms at the back of the church or ring

Debbie Tel: 01843 446584 / 07896508399 email: drdebbie08@gmail.com

Church Cleaning 10am to 12 noon on the third Tuesday each month.

DATES FOR YOUR DIARY

St Saviour's Church has a Hearing Loop System

Large print Hymn Books and Pew Sheets are available.

Gluten Free wafers are also available please see

Sidespersons or Churchwardens



CHURCH SERVICES

Sunday Services

9am Holy Communion Prayer Book on the 2nd and 4th Sunday of each month and also on the 5th Sunday of a month where applicable.

10.30am Sung Eucharist

Service of the Word once a month when advertised.

Family Service for all ages the 1st Sunday of each month at 10.30am.

SEE NOTICES FOR SERVICES

COMMUNITY ACTIVITIES

1st Westgate Rainbows Fridays 4.15 to 5.15pm

8th Westgate Brownies & Guides Fridays 5.30 to 7pm

Brownies for ages 7 to 10 years Guides for 10 to 16 years

Both held at the Community Centre, Westgate.

JOIN THE **ADVENTURE....**

Come along and try 1st Westgate-On-Sea
Scout Group for Boys and Girls

Where: The Billabong,
St. Crispins Road
Westgate-On-Sea CT8 8EB

When: Beavers: Tuesday 5:15pm—6:30pm
Cubs: Tuesday 6:45pm—8:15pm
Scouts: Thursday 7:00pm—9:00pm

Ages: Beavers: 5 3/4—8 years
Cubs: 8—10 1/2 years
Scouts: 10 1/2—14 years

Contact: 1st Westgate-On-Sea Scout Group
Email: 1stwestgatescoutgroup@gmail.com