

Parish and Community

The Link

St Mildreds Road



Westgate Bay Avenue

Westgate Bay Avenue



St Mildreds Road

**August
2025**

**The Magazine of
St Saviour's Parish Church**

THE PARISH CHURCH OF ST SAVIOUR WESTGATE ON SEA

Website www.stsaviourswestgate.org.uk

Email office@stsaviourswestgate.org.uk



Priest In Charge The Revd Jeffrey Foulger

Honorary Assistant Priests

The Revd Susan Wing

The Revd Barbara Way



Churchwardens

Mrs Christine Attwood Tel 833314 email cattwood2002@yahoo.co.uk

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Verger Mr Stephen Short email office@stsaviourswestgate.org.uk

Enquiries for Baptism ,Calling of Banns, Weddings & funerals
please phone 01843 833314 & leave a message or email
office@stsaviourswestgate.org.uk

WELCOME TO THE SEAMARSH GROUP

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St Saviour's Church of England Junior School

Elm Grove, Westgate

Telephone 01843 831707

Headteacher Mr N Bonell

Editor "The Link" valdaneve@hotmail.co.uk

St Saviour's Church, Westgate

FAMILY SERVICE

SUNDAY 3rd AUGUST

AT 10.30am – 11.15am



ALL ARE WELCOME

Dear All, A rare appearance by me as your scribe for the magazine opener. I wanted to talk about something that is much on my heart - our witness to our faith. There are several ways to witness to our faith, but I want to talk about our ability to share, with those who ask, our faith story. The opportunity to speak about why we believe or what it is that makes us what we are is most likely to come over the teacups or a glass of beer – relaxed and from curiosity – and it is a privilege.

Acts 26:1-23 – Paul’s witness before King Agrippa

Just before you flee in panic, most of us will certainly not have a witness story like Paul. However, he lays his story out logically and we can, in turn, have our story carefully organised for an inquirer to hear. His story is in 3 parts: what he was before; his conversion; and then what came next. So we can do this, what we were before; when we accepted Christ; and then what has changed in us and why we are who we are. We don’t need to ramble on 100 words in each section is plenty. If, like me, you do ramble, well try to be a little organised. I have had to witness before groups and my story is very ordinary and the first time I was asked to do it was a real shock trying to sort out the important bits.

I found faith as an adult and perhaps that is slightly easier to talk about – took me 14 years though. So I had a back story and a story subsequently. If we say we are a cradle Christian and so have no back story, that in itself is a back story. I think there will have been a time when you did accept Jesus as your Saviour. Possibly through Confirmation or as a parent perhaps. The present story you will have a handle on anyway (I hope).

I don’t think that we will initially have to give our whole story but once it is committed to memory then we can draw on part of it to answer a question or open up a conversation which may be ongoing. Who knows what effect it may have on someone’s life. In time and probably without our knowledge the word of God and his love may settle in a broken or muddled or curious heart and his great story goes on.

Of yes and did I say that we are not on our own in sharing, the Holy Spirit will be near, will guide and support us both in the collecting together of our individual stories and in talking to someone who might just gently ask. It might be special to share our stories occasionally on a Sunday. No pressure I promise. Why do it, because God needs his messengers who live their life in the light of Christ, however blotchy, to share with this generation and thus the next.

God Bless *Susan*

St Saviour's Church, Westgate

**There will be no
Friday "Pop In"
DURING THE MONTH
OF AUGUST**



**LOOK FORWARD TO
SEEING YOU ALL
AGAIN IN
SEPTEMBER**

Happy Holidays!

FROM THE REGISTERS

For those Baptised

“Shine as a light in the world, to the Glory of God the Father”

For those joined in Holy Matrimony

“God our Father, pour out your blessing on all joined in Holy Matrimony; that they may be joined in mutual love and companionship, in holiness and commitment to each other”

The Sick

“Lord, grant your healing presence to all who suffer in body, mind or spirit”

Liz Rowe, Mother Karen, Marjorie M, Richard T, Genevieve O, Charlie, Harry, Tina, Eddie Boyle, Dawn, Dario Vaccaro, Eugenius, Nojus, Robert, Sheila M, baby Finlay, Sue T, Hilary, Stacee, Emily, Linda W , Joseph, Reena, Tony

The Departed

“Lord now lettest thou thy servant depart in peace, according to thy word”

We give thanks for the life of those who now rest in eternal peace, and pray for their families and friends

For those whose anniversary of death falls at this time.

“Dear God, we thank you for the rest in Christ they now enjoy, and thank you for giving them to us”

Tony B

World War 2 Roll of Honour for this month

Thomas Appleby 26th August 1941

Friends of Kent Churches Sponsored Ride and Stride

An early warning of the date of this year's event for all who might be interested in taking part. Remember – St. Saviour's receives half of your sponsorship money. The date to put in your diary is

Saturday 13th September 10am – 6pm

This year the Ride and Stride celebrates its 40th Anniversary, let's help make it a really successful one. Every year the Friends of Kent Churches gives grants to churches to help pay for repairs to the fabric. So it is a worthwhile event, as well as giving you the chance to meet others connected with churches while enjoying the Kent countryside.

The list of participating churches and the sponsor forms will be available in July. Please contact me for sponsor forms and list of participating churches as soon as possible.

St. Saviour's aims to be open to visiting cyclists and walkers between 10am and 6pm and we need volunteers to 'church sit', preferably in pairs. Please let me know if you are able to help with this. Seeing an open church door, a friendly face and a toilet helps the day along.

I plan to be in the church all day and am asking for volunteers to sit with me for an hour or two from 12 noon until 6pm. The church will be open as normal between 10am and 12 noon, so I will not be alone between those times.

I look forward to hearing from you, either for sponsor forms or to go on the rota of church sitters. Contact me by email or phone as soon as possible.

José Gibbs 01843 834767 gibbszzz@btinternet.com



THE SUMMER FAYRE

Despite the weather the summer fayre was an enormous success, and after months of planning and worrying if the scaffolding for the church roof repairs would be up. The day could not have gone any better. The support from local businesses was amazing and all of us at Saint Saviour's church would like to thank the following businesses for the support and generosity in giving some lovely prizes for the prize draw.

Cut and Curl hairdressers. The Printers Carlton Cinema BP Garage Bazaar

Edwards Beano café Prentis Dadds Butchers Crumbs Bakers Ivy Nails

Chalk at Sea Massage by the sea Westgate fish and chip Fredericks Paydens Chemist The PCC and Congregation

The church was visited by so many people all having a wonderful cup of tea with a slice of cake served by Pam and her team of bakers. The cakes were delicious. these ladies were run of their feet all day so a big THANK YOU.

Delicious cakes, bread, jams, marmalade, and quiche were also for sale, in the church and thank you to all those that baked or made jams and marmalade, all so delicious.

The Bell Tower was open, and the St Saviours bell ringers greeted people keen for a rare opportunity to go into the bell tower or have a have a go at ringing a bell, hoping that someone may be eager to start a new hobby. Bell Ringing practice is held most Thursdays and all welcome. Details on the notice board,

Joys jewellery as always was a great hit, her biggest day ever.

The outside was extremely busy with the Bric a Brac, book stall, face painting, bouncy castle, catch a bee, hook a duck, coconut shy and a treasure hunt. A huge thank you to everyone running a stall.

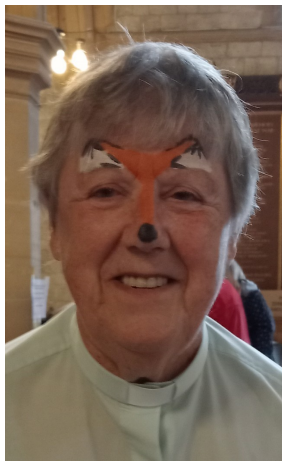
The prize draw was drawn at 3pm as the rain poured down. So many wonderful prizes and lucky winners

The total raised an amazing £1746.03.

Thank you for your support from The Fundraising Team



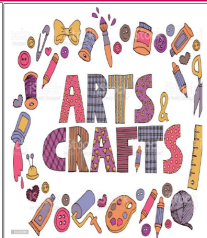




**Annual Summer
Art and
Craft
Exhibition**
of the Westgate Art
and Craft Group

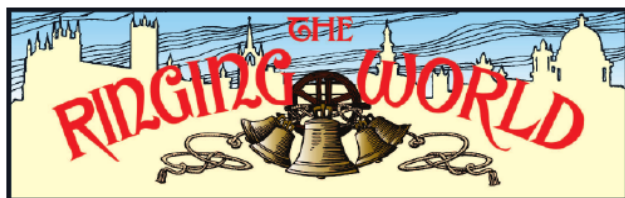
**At St Saviour's
Parish Church
Westgate Bay
Avenue
Westgate-on-Sea
Kent CT8 8NX**

**Saturday 16th August 2025
– BH Monday 25th August 2025**
Opening Times:
Monday – Saturday 10 am– 4pm
Sunday 1pm – 4pm



- **Payments by cash preferred.**
- **Card reader available for sales over £10.**

The Westgate Art and Craft group meet every Tuesday
1.30 – 4 pm at the Westgate Community Centre
Lymington Road,
Westgate-on-Sea CT8 8ES



Kent County Association

On Saturday, 19 July 2025 in 39m

Westgate on Sea, Kent

St Saviour

Tenor: 9-3-16 in Ab

1260 Plain Bob Doubles

- 1 Simon P Friend
- 2 Revd Peter R Russell
- 3 Sue Randall
- 4 David C Sheekey
- 5 Michael J Little (C)
- 6 Sarat White

Rung to celebrate the 50th anniversary of the dedication of the bells (19-07-1975) Peter and Mike both rang in the very first QP on the bells on the 23-07-1975 Peter rang the 2 Mike the 6

On the same day we held our Summer Fayre recently, our church bells were 50 years old! Mike Little and Revd Peter Russell rang our bells in 1975 and offered to return a couple of weeks ago and ring our wonderful bells to commemorate 50 years. A successful quarter peal was rung...so please add 2035 to your diaries when we will celebrate 60 years! I must also say a very big thank you to the late Revd Stanley Evans who worked tirelessly to have St Saviour's bells improved from a single bell, to a ring of six bells. Best wishes Steve, Verger & Bell Tower Captain.

Whilst you are welcome to take and enjoy a copy of “The Link”, donations towards the cost of printing would be appreciated,. **THANK YOU**

The deadline for SEPTEMBER 2025 “The Link” is
SUNDAY 31st AUGUST 2025

Hi Kent Hearing Aid Clinic

Westgate Council Office (Opposite the Cinema)

Every **SECOND THURSDAY OF EACH MONTH 10.30am to 11.30am.** Batteries, tubes and advice



If you would like a flower arrangement in Church in memory of a loved one, we can supply this at any time. Donations from £10.

Brownie Banana Bread

Ingredients

125g unsalted butter
150g dark chocolate chopped into small chunks
200g caster sugar
200g self-raising flour
50g cocoa powder
2 ripe bananas peeled and mashed

Method

1. Heat oven to 160c fan, butter a 900g loaf tin, line with baking paper. Tip 100g of the chopped chocolate into a heat proof bowl along with the butter and melt in the microwave. Set aside to cool slightly.
2. Beat the sugar and eggs together in a separate bowl using an electric whisk until light and frothy, sift in the flour and cocoa powder and a pinch of salt and fold to combine. Fold in the melted chocolate mixture followed by the bananas and the remaining chocolate chunks.
3. Place the mixture into the prepared tin and bake for 50 minutes until puffed up and a skewer inserted into the centre comes out clean.
4. Leave to cool in the tin for 10 minutes then turn out onto a rack to cool completely

The bread will keep in an airtight tin for 4 days.

Pam.
xx



Dear Friends.

We have been busy with our fundraising this year so here is a reminder of what we have done. In May we had our sponsored walk. We had 12 walkers and our 4 legged walker Bramble. We walked from the church along the promenade to the Turner Centre. We had an enjoyable cup of coffee together before wending our way home. We raised £510 and were pleased with this result



In June we had our Strawberry Cream Tea. We had 48 people for tea and the area looked wonderful with tables decorated and the bunting around the room. We were very grateful to Montys who donated the strawberry's and they were lovely and tasty fruit. The Committee all worked hard to make the tea a success. We raised £468.50p which was a great success.

In July we had our Church Summer Fair and Joy laid out her jewellery stall and she raised £141. Joy raises money for the Friends so this is deposited in our account.

So the total raised for this year to date is £1119.50. We do appreciate your support for the Friends. So a big thank you from the Committee.



Christine Bolger

Request for Cakes and Biscuits for the Scripture Union Beach Mission

Donations of homemade cakes and packets of biscuits are invited for the café held every morning (Monday to Friday) in the marquee and for the Tiddler Group parent/carers. Please could a list of ingredients be given for the cakes to help those with allergies? Cakes and biscuits can be dropped off at Kearns Hall (Grenham Bay Avenue, Birchington) from Saturday 26th July and EVERYDAY for the two weeks of the holiday club (28th July to 8th August).

Summer Songs of Praise

Our 10.30am service on the fifth Sunday of the month (31st August) will be a Summer Songs of Praise in St Saviour's Church. Please invite friends and family to join us to sing favourite hymns and enjoy light refreshments afterwards. Suggestions for the hymn must be emailed to office@stsaviourswestgate.org.uk by 10th August.

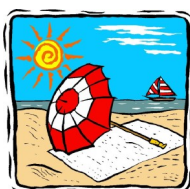
PLEASE CAN YOU MAKE SURE THAT PERMISSION HAS BEEN AGREED FOR PHOTOS TO BE PUT INTO "THE LINK" WITH THOSE INVOLVED BEFORE SUBMITTING THEM FOR INCLUSION. Thank you.

N I H V S W I M M I N G D F W
 X E C R A F T S F V T K Z V C
 J C W Y L I F E G U A R D W G
 O I J I E N I H S N U S C R A
 Q B E A C H Q G S X N V C R S
 H O L I D A Y M A R Y G T T R
 T R A N S F I G U R A T I O N
 B G J W X G H I K D Z H H U S
 L J T S U G U A N O I N U R H
 F G N I D L O F F A C S O S R
 I E X H I B I T I O N T S M O
 S C R I P T U R E G I E J U C
 U D E E W A E S W S B R P L K
 Q J M A E R C U I R Y E C P S
 F S C A K E S V B E A C H O V

Art
 August
 Beach
 Beach
 Cakes
 Crafts
 Cream
 Exhibition



Holiday
 Ice
 Lifeguard
 Mary
 Plums
 Rocks
 Scaffolding
 Scripture



Seaweed
 Sunshine
 Swimming
 Transfiguration
 Union
 Visitors

		5			6		9	
	6							2
3		9	7	2	8			
						4		9
	8	1		7		5		
						8		
				8		1		3
2				1			8	
5	1		3			2		

The Friends of St Saviour's Church

Forthcoming Events

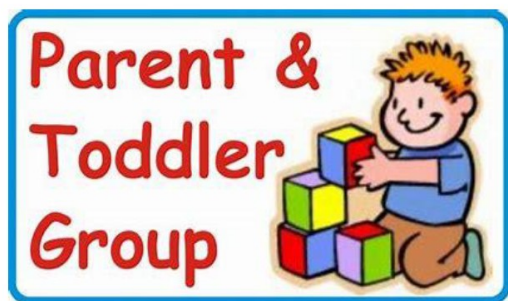
Saturday 4th October

Fish & Chip Supper



St Saviour's Church, Westgate

TODDLER TIME



Meets

MONDAY MORNINGS

(Term time only)

9.15am to 11.30am

**For pre-school children
and carers**



SWORDS, SCRAMBLED EGG & A FOOTPRINT

There was a smell of woodsmoke in the air. The sound of hammering as the Blacksmith worked on red hot metal while his assistant pumped the bellows in the glowing fire. Little puffs of orange sparks rose up. Nearby arrows with various types of metal tips & some with wooden ones were laid out along with a selection of bows & crossbows. The wooden tips were used in hunting to stun poor rabbits & hares. Many tents were set up, some of which had shining swords both large & small as well as axes & shields. Suits of armour were laid out ready to be worn when the time for action came.

Other smells wafted in the morning air, cooks were busy with bubbling pots over embers & licking flames, meat of some sort was turned round on a spit. Other tents contained hand crafted items such as jewellery, purses & candles formed into small figures of knights – 2 of which I bought!

A little way from the encampment were tents where men & women were based with canons & a group of archers. Trouble was brewing between incoming French Knights & men at arms, the English were getting prepared. A talk between the French & English Heralds did not diffuse the situation so it was time for armour to be worn & swords & shields at the ready. “Have a care” were the words shouted out before canons boomed & arrows flew. The clash of metal on metal as Knights struck upon each other. This was a skirmish between 2 small groups of opponents rather than a battle involving large armies. Once the men had worn themselves out a temporary truce was agreed. This was the month of May in the year 2025 – TWENTY TWENTY FIVE?!

Yes I was actually attending a Medieval Living History Event in the grounds of Arundel Castle. This was made possible by my very good friend Richard, who offered to take me for a bit of a treat as I can't travel far via 2 wheels due to my ailments! So once he obtained a 3 day pass from his good lady wife a hotel was booked & a jolly boys outing was all systems go!

Meanwhile at Arundel we were put into the stocks for misdemeanours unknown! Fortunately nobody threw tomatoes at us & we were set free after a photo! The high towers & walls of the castle were a fitting background to the encampment. Time to explore inside as there were so many things to see including the Barons Hall which is huge & must cost a fortune to heat in Winter. The armoury isn't that big but I am still fascinated by suits of armour all gleaming & robotic looking. The chapel apparently is the finest Victorian room in the Castle & was inspired by the Roundheads during the Civil War but is very impressive now. You could put my home into any of the bedrooms or bathrooms & still have room to play tennis! Hanging in the library is an icon made of silver by Faberge 1908 (photo enclosed). The one part of the castle I decided to avoid was the 400 steps of a spiral staircase leading to the top of the Keep – I didn't want to risk tumbling down like an out of control sack of spuds!

So I sat & talked to one of the guides while Richard donned oxygen mask & ascended the tower. Just before leaving the Castle I encountered a vortex that sucked me into the Gift Shop, I escaped with a bag of knightly objects.

The hotel we stayed in was about 5 miles from Arundel, it was very nice & the choice of breakfast ranged from a full fry up to a simple bowl of cereal. My favourite was scrambled eggs on thick granary toast – I don't know if 3 chicken eggs were used or one ostrich egg but I certainly had a large dollop of yellow yumminess on my toast all washed down with cold apple juice & hot tea.

Before returning to Thanet we visited Hastings Aquarium. They have a tunnel that you walk through & see fish above you & on each side. Some fish do not look like fish! One in particular looked like a bright yellow crumpled box with whizzing fins. It swam slowly but seemed happy enough. They also have a room with snakes, lizards, frogs & a big green Mexican toad! Opposite in the Fishermens Museum I couldn't resist stepping into some real dinosaur footprints, they were bigger than my size nines!

And so after indulging in such extravagant delicacies such as rum & raisin ice cream or cheesy chips! Even a stick of Hastings Banana Rock! It was time for home & back to reality & a hot cup of tea.

Your scribe, Stephen (the Bruce), Steve 3



St Saviour's Church, Westgate

FAMILY SERVICE

SUNDAY 7th SEPTEMBER

AT 10.30am – 11.15am

*Worship
With Us*

ALL ARE WELCOME



Girlguiding



1st Westgate Rainbows

For Girls aged 5 to 7 years

Meet Fridays in term time

4.15 to 5.15pm

Westgate Community Centre

**STARTING A NEW PROGRAMME THIS YEAR WITH LOTS OF
EXCITING OPPORTUNITIES**

APPLY HERE : <https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/>

Any queries: westgaterainbows@outlook.com



Changes to Canterbury Cathedral's Precincts Pass

Some members of our congregation recently found out that the Precincts Pass enabling free access to the Cathedral and grounds has been discontinued so many of us need to purchase its replacement, known as the Cathedral Pass. This costs £6 and is valid for five years. No discounts are available but children under 17 are not required to hold a ☐ pass and can visit free of charge with a Cathedral Pass-holding adult.

Please note no Pass or Visitor Ticket is necessary to attend services of worship in the Cathedral.

The new Pass can be held by anyone who;

Works in the old city of Canterbury ☐

Lives within 4 miles of Bell Harry tower, including ☐ within The Precincts ☐

Is a member of the Cathedral Congregation ☐

Is immediate family of a Cathedral staff member ☐

Is a Cathedral Volunteer ☐

Is a member of any church in the diocese (on the ☐ parish electoral roll or equivalent) ☐

If you are a Friend of Canterbury Cathedral, please see the last paragraph of this article. Otherwise please apply for a Pass online at www.canterbury-cathedral.org or call 01227 762862.

By signing up to the Cathedral's Pass holder mailing list, you will also be kept up to date with all the latest information on services, events and activities at the Cathedral, often before general release.

If you would prefer not to purchase a Cathedral Pass, a ticket can be purchased on the day of your visit at the Cathedral's Visitor Centre. The standard visitor ticket is valid for 12 months, meaning you can re-visit the Cathedral as often as you want during that time at no extra cost.

Canterbury Cathedral can also be supported via Friends of Canterbury Cathedral membership. This is available to anyone, regardless of location, and offers free visitor entry, a range of free or discounted events, and discounts in the Cathedral Shop and Lodge for an annual membership fee. To become a Friend, please visit <https://www.canterbury-cathedral.org/get-involved/become-a-friend/>

Diocese of Canterbury

Guidance on the Distribution of Holy Communion

March 2025

The normal practice for the distribution of the bread and wine of Holy Communion in the Church of England has, since the reformation, been for both bread and wine to be consumed by each communicant and for wine to be distributed from a common cup.

From time to time there have been situations in which advice or instruction has been given to suspend the use of the common cup in a health emergency and following public health advice. Two examples of this this century have been the outbreak of “Swine ‘Flu” in the 2000s and, more significantly, the COVID-19 pandemic in the early 2020s. Many churches across the Diocese of Canterbury have not resumed the normal practice of distributing Holy Communion after the pandemic.

Since 2022 there have been no restrictions on the use of the common cup and on communion in both kinds. The House of Bishops’ COVID-19 Recovery Group’s advice states that

*Holy Communion should be administered in both kinds unless there is a clear and objective reason why there would be a significant risk in doing so, such as local public health warnings relating to coronavirus levels in your area. It is important that no pressure is placed on members of the congregation to receive the sacrament if they feel unable to do so. **Because of ongoing potential risks to health, an individual communicant may choose to receive only in the form of bread even if consecrated wine is being distributed.***

Therefore, normal practice should now be considered to be for Holy Communion to be distributed in both kinds (bread and wine) and that the common cup be used. Incumbents and Parochial Church Councils of churches where the common cup has not been reintroduced are encouraged to consider its reintroduction and that the normative practice of the Church of England be resumed across the Diocese. The use of individual glasses or cups for individual communicants remains unlawful.

Public health and good hygiene remain important. Therefore

- Those who feel unable to receive the common cup may receive Holy Communion in one kind (bread) only.
- Individual communicants may not dip the bread into the wine (intinction) themselves.
- Care should continue to be taken by those presiding at Holy Communion to maintain high levels of hygiene, including hand washing.
- Those who show symptoms of illness should take steps to minimise their contact with others, including at Holy Communion.
- In cases of particular need, individual communicants may request the minister to dip the bread in the wine (intinction) before giving it to the communicant. **However, this is the exception rather than the norm.**
- PCCs may continue to make local arrangements for how any greeting is organised at the Peace in services of Holy Communion.

+Rose Dover

CHURCH ACTIVITIES

Toddler Time Group meets Monday mornings 9.15am to 11.30am. **TERM TIME ONLY. RESTARTS 8th SEPTEMBER**

Bellringers Practice every Thursday 7.30 to 9pm.

Bible Study Group meet Thursday at 7pm, details & inquiries ring

Susan 836430 . STARTS AGAIN 4th SEPTEMBER

The Westgate Heritage Centre MEETS 1st SATURDAY of each month at Christchurch URC 10am to 12noon . Refreshments available. See website for further details.

The Friends of St Saviour's Church - Annual Membership Fee only £5

New members welcome. Join the Friends of St Saviour's church Subscription only £5 per year . All monies raised go towards the upkeep of the church and grounds. Membership forms at the back of the church or ring

Debbie Tel: 01843 446584 / 07896508399 email: drdebbie08@gmail.com

Church Cleaning 10am to 11.30am on the third Tuesday each month.

Friday Pop In 10.30am to 12 noon RESTARTS FRIDAY 5th SEPTEMBER

DATES FOR YOUR DIARY

St Saviour's Church has a Hearing Loop System

Large print Hymn Books and Pew Sheets are available.

Gluten Free wafers are also available please see

Sidespersons or Churchwardens



CHURCH SERVICES

Sunday Services

9am Holy Communion Prayer Book on the 2nd and 4th Sunday of each month .

10.30am Sung Eucharist

Service of the Word once a month when advertised.

Family Service for all ages the 1st Sunday of each month at 10.30am.

SEE NOTICES FOR SERVICES

COMMUNITY ACTIVITIES

1st Westgate Rainbows Fridays 4.15 to 5.15pm

8th Westgate Brownies & Guides Fridays 5.30 to 7pm

Brownies for ages 7 to 10 years Guides for 10 to 16 years

Both held at the Community Centre, Westgate.

JOIN THE **ADVENTURE....**

Come along and try 1st Westgate-On-Sea
Scout Group for Boys and Girls

Where: The Billabong,
St. Crispins Road
Westgate-On-Sea CT8 8EB

When: Beavers: Tuesday 5:15pm—6:30pm
Cubs: Tuesday 6:45pm—8:15pm
Scouts: Thursday 7:00pm—9:00pm

Ages: Beavers: 5 3/4—8 years
Cubs: 8—10 1/2 years
Scouts: 10 1/2— 14 years

Contact: 1st Westgate-On-Sea Scout Group
Email: 1stwestgatescoutgroup@gmail.com