

Parish and Community

The Link

St Mildreds Road



Westgate Bay Avenue

Westgate Bay Avenue



St Mildreds Road

**May
2026**

The Magazine of
St Saviour's Parish Church

THE PARISH CHURCH OF ST SAVIOUR WESTGATE ON SEA

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Email office@stsaviourswestgate.org.uk



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The Revd Barbara Way



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St Saviour's Church, Westgate

FAMILY SERVICE

SUNDAY 3rd MAY

AT 10.30am – 11.15am



WORSHIP

ALL ARE WELCOME

I recently went to a magnificent Classic FM concert at the Royal Albert Hall. (Other concerts and radio stations are available!) We sat in the area where the choir would normally sit and had a great view over the whole orchestra. On this occasion we were virtually on top of the percussion section, which is known as the 'engine room' of the orchestra. So, we could see all the musicians lined up to hit, shake, scrape or bash their percussion instruments. For my money the person who seems to earn the most per note played in the whole orchestra is the person who plays the triangle.

Ever the consummate professional this musician carefully places the two metal sticks, with which he will hit the triangle, on his music stand ready to select when he is due to start playing. The triangle itself is suspended on a chrome stand with a solid base and two adjustment-screw butterfly keys, which he checks are tightened. Meantime he sits upright focused on the music.

His earnings per-note-ratio is the highest because compared with the string or the wind instrument players he has significantly fewer notes to play in the music we heard. Nevertheless, he has to watch the conductor and read the music notation with enormous concentration until at the appropriate point his instrument comes into its own and he plays one or more very important notes. The William Tell overture would not be the same without the attention of the triangle player and the brightness of Aaron Copeland's Appalachian Spring orchestral suite would be diminished if the triangle was muted.

The fascinating thing about all this is the length of time that the triangle player has to wait and prepare before his big moment. For a Christian the journey of faith is also punctuated by periods of waiting and preparing. At Christmas we wait 4 weeks until we celebrate the birth of Christ. In the weeks running up to Easter the preparation of Lent has more symbolism than Advent. But the period of waiting and preparing that gets little attention is the 50 days between Easter and Pentecost- we are at that time now.

If we read the fifth book in the New Testament of the Bible, called Acts, we see that the disciples had been uncertain about what was going to happen next after the Crucifixion of Jesus. When reports of his resurrection reached them, they could hardly believe it, until Jesus came to them and they could see Him with their own eyes. He then told them to wait in Jerusalem for the promise of the Father (Acts 1 v 4). It is that period of waiting that we mark between Easter and Pentecost Sunday, which is on 24th May this year.

So, just like the person playing the triangle we also wait with expectation to celebrate that big moment of joy, when the sense of our faith reaches a crescendo as we hear that the gift of the Father is the Holy Spirit, that power that every Christian possesses.

I am reminded of one of my favourite Bible verses from Isaiah in the Old Testament

But those who wait on the Lord

Shall renew their strength

They shall mount up with wings like eagles

They shall run and not be weary

They shall walk and not faint. (Isaiah 40 v 31)

May God, grant you joy in the waiting and wonder in the realisation of Pentecost.

Jef Foulger

Membership of the 2026/2027 Parochial Church Council (PCC)

The outcome of elections at the annual meetings on 26th April 2026 is as follows:

Christine Bolger and Christine Attwood were elected to serve for one year at the annual meeting of parishioners.

Christine Bolger and Debbie Smith were elected at the annual parochial church meeting, which followed, as our representatives to Thanet Deanery Synod for the next 3 years.

Ron Hodges, Chris Joiner, Steve Short and Kathleen Staziker were elected at the annual parochial church meeting to serve on the PCC for the next 3 years. Three vacancies brought forward from 2025 remained unfilled.

As a result of these elections, both Christines, Debbie, Ron, Chris, Steve and Kathleen join Alan and Sue Turner on the PCC. Alan and Sue were elected to serve for 3 years in 2024.

Officers and sidesmen/welcomers will be decided at the next PCC meeting.

Services in May

Sunday 3rd May
refreshments

All Age Service at 10.30am followed by

Sunday 10th May

Holy Communion (Book of Common Prayer) at 9.00am
Sung Eucharist 10.30am followed by refreshments

Thursday 14th May
(Ascension Day)

No service at St Saviour's

Sunday 17th May

Café Church 10.30am

Sunday 24th May (Pentecost)

Holy Communion (Book of Common Prayer) at 9.00am
Sung Eucharist 10.30am followed by refreshments
Holy Baptism at 12.30pm

Sunday 31st May (Trinity)

Although this is a 5th Sunday of the month, due to shortage of clergy there will only be one service on this day. A Holy Communion at 10.30am followed by refreshments.

Christian Aid Week

This year's Christian Aid Week begins on Sunday 10th May and you will find a container for donations at the back of church that day together with a few envelopes, if you would prefer to take one away to return the following Sunday. Alternatively, donate online using this link <https://caw.christianaid.org.uk/uk/about/what-christian-aid-week>

Your support this year could help mothers in Nairobi, Kenya, facing the devastating reality of urban poverty and the daily struggle to feed their children. By funding urban farming projects alongside specialist training from our partner Beacon of Hope, we can help parents fight food insecurity, grow fresh vegetables in small city spaces and earn an income to support their families.

FROM THE REGISTERS

For those Baptised

“Shine as a light in the world, to the Glory of God the Father”

12th April Tate

19th April Henry and Morgan

For those joined in Holy Matrimony

“God our Father, pour out your blessing on all joined in Holy Matrimony; that they may be joined in mutual love and companionship, in holiness and commitment to each other”

The Sick

“Lord, grant your healing presence to all who suffer in body, mind or spirit”

The Departed

“Lord now lettest thou thy servant depart in peace, according to thy word”

We give thanks for the life of those who now rest in eternal peace, and pray for their families and friends

For those whose anniversary of death falls at this time.

“Dear God, we thank you for the rest in Christ they now enjoy, and thank you for giving them to us”

World War 2 Roll of Honour for this month

Victor Jones 8th May 1944 Douglas Bushell 13th May 1941

Sidney Bax 16th May 1940 Percy Lanchberry 19th May 1944

Albert Sinclair 27th May 1940

EASTER AT ST SAVIOUR'S CHURCH 2026





Fundraising

All planning and preparations are going ahead for his years summer fayre being held on the 25th of July 11am to 2pm.

Hoping for lovely weather as once again the fayre will be held outside as well as in the church. There will be so much for the whole family to enjoy, from having a cup of tea, with a delicious slice of cake to Pokémon trading cards!!

Help on the day will be greatly received, and if you are able to spare a little time to help, please let us know, or call Chris or text on 07980102753.

Also, if you can donate anything towards the raffle, tombola the Jigsaw table or some baking that again will be greatly appreciated.

This year we are planning on decorating the church with knitted poppies for remembrance, patterns are available on Google or at the back of the church. we want a lovely display hopefully from the bell tower cascading down.

Huge congratulations to Christine Bolger winning our first monthly 100s club draw. Many numbers still up for grabs. its £1 a number and 50% of money raised will be the prize money and 50% towards the church. Application forms are at the back of the church or once again just ring Chris.

With Love

The Fundraising Team

Monthly Draw

This is a new initiative of our Fundraising Committee. Numbers are available for £1 a month and money raised is divided between that month's winner and St Saviour's Church. The first draw was made after the Easter Sunday Service, and the lucky winner was Christine B. To take part please contact Chris or Sue.

**The Installation of 106th Archbishop of Canterbury.
The Most Reverend and Right Honourable Dame Sarah Mullally DBE
Wednesday 25th March 2026.**

Having entered the ballot for ministers of the Diocese of Canterbury for a ticket to this most auspicious and historic occasion I held out little hope of being privileged enough to earn a seat. Imagine my surprise and delight when, on 9th March, I received an email telling me I could go to the Cathedral to collect my ticket.

The lady on reception at the Cathedral Lodge had been handing out tickets much of the morning when I arrived to claim mine. She commented that she felt like Willy Wonka, handing out Golden Tickets to the Chocolate Factory, she had never seen so many happy faces in such a short space of time.

From the evening of Sunday 22nd March security was high throughout Canterbury with several of the city centre car parks being closed along with the Cathedral itself and the surrounding roads.

Although the service was due to start at 3pm we all had to be in our seats by 2.10pm. I arrived at the Christ Church Gate by around 1.15pm and noted the area where the security checks were taking place was relatively free of people but as I got nearer I could see the queue stretched length of Mercury Lane and some distance along the High Street. However, the line moved relatively quickly and there was an air of celebration amongst the crowd.

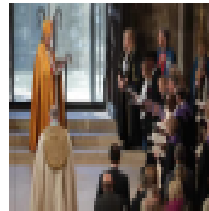
On arriving at the gate we all had to show photo ID and were subjected to bag searches. From there on we were dispersed to various entrances depending on which part of the Cathedral we were to be seated. When I arrived at my place in the South Transept, under the 'Disney Window' everyone was so excited to have the privilege of actually being included at such a special event. The air was electric with anticipation and there was much animated conversation as we introduced ourselves to those around us. At 2.50pm the organ which had been playing quietly in the background suddenly struck up as a signal for us to prepare for the start of the service. Anyone who knows the layout of the Cathedral might think that, in the South Transept, we were hidden away and would not see much of the proceedings. On the contrary, we had the best of both worlds, we were there in person soaking up the atmosphere and two large screens had been set up displaying the live stream. We could see everything that was happening.



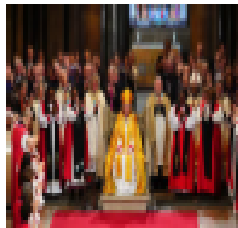
The souvenir Service Sheet we all received is something I will treasure as a reminder of what an honour it was for me to be included on that day.

The time came for the Royal Couple to arrive and suddenly there was a slight kerfuffle as some late arrivals were hustled past us and into the Quire. The late comers were Sir Kler Sterner and Sir Lindsay Hoyle closely followed by Kemi Badenoch who had all rushed from PMQs in Westminster.

Minutes later the screens showed the arrival of a large 4x4 at the West Door and from it emerged the Prince and Princess of Wales. The fanfare was sounded and we all stood. One of the most historic events in the history of the Church of England was under way. Many of you will have watched the Service live on the BBC or later on catch up but none of the broadcasts could do justice to the power of the worship that day. God had well and truly 'turned up' and was assuring us of his approval of and blessing on Archbishop Sarah's appointment and her ministry amongst us.



When Dean David called upon the congregation to welcome her it is a wonder that you in Westgate could not hear the applause and cheers as we celebrated. Many of the women quietly wept as the final glass ceiling was so publicly shattered.



Following the service, Archbishop Sarah along with the Dean and Chapter of the Cathedral proceeded to the Christ Church

Gate where she was welcomed by the Lady Mayor of Canterbury and she blessed the City. I was lucky enough to snap a few photos as they returned to the Precinct.



If you haven't already seen the service it can be viewed on the Canterbury Cathedral YouTube channel @

<https://www.youtube.com/live/2u0g9MnGLD0?si=Oy967Vw2Hs0LD80>

Ann Friedlos (JLM @ Margate Church)



A big THANK YOU for the lovely card , flowers and voucher that you gave to me in recognition of sorting out the Pew Sheet and Link magazine.

Best wishes Valda

St Saviour's Church, Westgate

FRIDAY "POP IN"

Pop in for a cup of tea/coffee & a
biscuit or two & a chat

In St Saviour's Church between
10.30am & 12noon every Friday.

Meet friends & make new ones, you
will be very WELCOME.



Coffee & Chat

An important update regarding Safe Families and Home for Good in Kent.

Last month, we published an email explaining the need for prayer for funding to enable the work of Safe Families and Home for Good in Kent to continue. Sadly, soon after the April Link was available, a further email was received saying the charity had begun winding down its family support programme in Kent. This is an extract from that email: 'As you know, we've been working to secure ongoing funding for our family support in Kent but our funding outlook for 2026 remains highly uncertain as we have not been able to secure the funding we hoped to. We recognise this may be disappointing and sad news to hear. Please know that we are committed to supporting the families that we have had referred to us and we are ongoingly thankful to our amazing volunteers for their support.

We are so grateful for the ongoing partnership, friendship, and generosity of your church and all our supporters across Kent. Your partnership has enabled us to have truly wonderful stories of children and families being supported over the last year.

Please know that this is not the end of Safe Families and Home for Good in Kent. We continue to have a mission to equip churches as they create communities of care, hospitality and belonging. We actively want to continue our partnership to find and support homes for the 1,896 children currently in care in Kent. If you would like a conversation about how we could continue to partner to find and support those who foster, adopter and provide supported lodgings, I know Billy-Jo, our Church Relationships Team Leader would very happily schedule a call. Her contact details are billyjo.oleary@homeforgood.org.uk.

Date for your diary

By popular request, the Fusion Gospel Singers and Rock Band are making a return visit to St Saviour's on Sunday 21st June 2026 at 3pm. Donations on the day in aid of St Saviour's Church will be invited as admission is free. To book please email office@stsaviourswestgate.org.uk



St Saviour's Church, Westgate is
participating in

NO MOW MAY

to support the
bees & pollinators



Rocha UK Eco Church Awards

12 months ago in The Link, I gave details of the Rocha Eco Church Awards. Rocha UK is a Christian charity working to protect and restore the natural world and committed to equipping Christians and churches in the UK to care for the environment. Eco Church is provided free of charge, to help as many churches as possible celebrate what they're doing to care for the environment.



The Eco Church survey provides a framework to support our church and its leadership to take practical action on caring for God's earth.

The survey covers five key areas of church life:

- Worship and teaching
- Buildings and energy
- Land and nature
- Community and global engagement
- Lifestyle

St Saviour's has registered and is actively working through the survey of over 90 questions! When we have completed the survey (hopefully later this year) we will be assessed and awarded either a bronze, silver or gold Eco Church award.

The Fabric Committee and our PCC have been working towards this award, which highlights our commitment to helping protect God's earth. Simple things such as No Mow May, using environmentally friendly toilet cleaner and recycling our used candles all help towards protecting the environment, today and in the future.

God bless.

Steve - Verger

I would like to thank everyone for their kind wishes to me and my family when my husband, David, died. It has helped us a great deal during this difficult time.

David and I would have been married for 66 years on 30th April. We first met on the Northern Line when we were both 16 years old. I was on my way to work in Lincoln's Inn, and David was travelling to Fleet Street, where he was doing his apprenticeship in printing.

Two years later, David spent 20 months in Cyprus doing his National Service. When he returned home, we were married the following year.

We have been blessed with a lovely family, our three children, their families, grandchildren, and great-grandchildren.

*Up until his illness, David led a happy and healthy life. He loved his family and was so proud of us all, as we were of **him**.*

I miss him every day, but I have wonderful memories, and I know he would want me to be happy.

Kind regards.

Ann Burgess

Whilst you are welcome to take and enjoy a copy of “The Link”, donations towards the cost of printing would be appreciated,. **THANK YOU**

The deadline for JUNE 2026 “The Link” is
SUNDAY 31st MAY 2026

Hi Kent Hearing Aid Clinic

Westgate Council Office (Opposite the Cinema)

Every **SECOND THURSDAY OF EACH MONTH 10.30am to 11.30am.** Batteries, tubes and advice



If you would like a flower arrangement in Church in memory of a loved one, we can supply this at any time. Donations from £10.

O S N L Z J A B I V M Q G Z Z
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Aid
 Ascension
 Bank
 Blessing
 Boundary
 Chelsea
 Christian
 Crops



Day
 Emerald
 Festival
 Flower
 Holiday
 May
 Maypole
 Parish



Pentecost
 Rogation
 Spring
 Sunday
 Trinity
 Week

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	5						2	
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		8	4		1	3		
6	7						8	3
	1						6	
9			7		2			4



Vegan Lemon Cake

Ingredients

315g plain flour
250g granulated sugar
2 tsp baking powder
250g dairy free milk/oat milk at room temperature
125g olive oil
80g lemon juice/2 or 3 lemons
2 tbs lemon zest
1 tsp vanilla essence

Topping

150g icing sugar
2 or 3 tbsp lemon juice
Berries, optional

Method

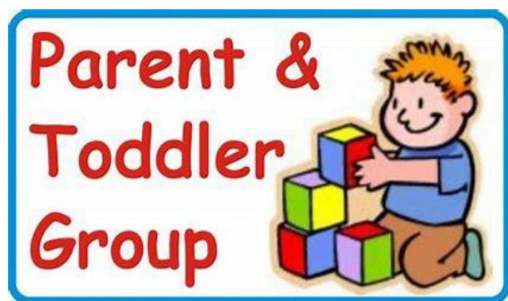
1. Heat oven 180C
2. Line a 20cm loaf tin
3. Add all the dry ingredients to a large bowl, mix until there are no lumps
4. Add all the wet ingredients, milk, oil, lemon juice, zest and vanilla. Mix until just combined.
5. Pour the batter into the prepared tin and bake for 1 hour or until you can insert a toothpick in the centre and there is no wet batter on it.
6. Allow the cake to cool in the tin for 10 minutes, then cool on a rack.
7. For the Topping, add icing sugar and lemon juice to a bowl, mix till smooth. Drizzle icing over the cake and top with berries.

Pam x



St Saviour's Church, Westgate

TODDLER TIME



Meets

MONDAY MORNINGS

(Term time only)

9.15am to 11.30am

**For pre-school children
and carers**



4 SLOTS, A GREYHOUND & A TROPHY

What's that whizz, whizz, whizzing sound? Followed by the crash bang sound of hitting plastic? I had gone along to Dumpton Park Greyhound Stadium (which is now a garden centre). It was 1992 & Hornby who own the Scalextric brand were promoting an event. They had set up a huge 4 lane race track. At first it was mostly youngsters crashing & bashing cars around the race track, later it got a bit more organised. There was to be a number of races & the winners would go on to the next round. You had a few minutes to try a car or two & learn the track.

Scalextric cars can vary in speed & ability to stay on the track. I chose one that was quite brisk & took to the corners well. After a lot of races I found myself in one of the two semifinals. The first 2 in each race would be in the grand final. Considering how many people had taken part that was quite an achievement & then I was in the final. We were told there would be an hour break before the last race, which gave me time for my nerves to jingle & my gilets to jangle.

So there we were 4 adults with our fingers on the triggers of our controllers waiting for the start, then whoosh we were off at full speed down the straight before turning right & then into a series of bends & short straights that completed the first lap. I was able to keep my car in first or second place. The trick was to be consistent & not come off the track. I'm not infallible but mostly I kept my car the right way up & in it's slot. I was leading the race with the second place car just behind. Lap after lap I could feel my heart pulsating in overdrive! It can be difficult to judge the speed of a car in the distance but I just concentrated as the 4 cars whizzed around. Whizz, whizz, whizz until I heard the sound of clapping - I had won! I was taken to a platform in the stadium where the owners of the winning greyhounds receive their trophies and so I was given a silver & gold (coloured) trophy. I had never won anything like this before so it was very special to me but then there was a prize to go with it! I was presented with a huge box, a top of the range Scalextric Four Lane set complete with 4 cars etc. there was a reporter there & although I was lost for words I was mentioned in the local newspaper.

I expect Scalextric is the most well known name in the hobby slot car racing but there has been other brands such as Airfix who are better known for plastic construction kits. They sold sets & cars which also ran on Scalextric track during the 1960/70's.

But it was in 1976 that a new slot car name appeared in shops – Aurora AFX. I first saw the sets & cars in the Brands Hatch model shop. At the time the company was promoting itself by sponsoring some Grand Prix drivers such as James Hunt & Niki Laud. They then sponsored the British Formula One Championship.

The cars fascinated me by their small size with little electric motor but fast they sure were. They said the scale speed of then topped 700mph! So I bought a set & added more cars over the next few years. You could create a good track in a small space, I dabbled with them when time permitted.

My interest was reborn when I moved to Thanet in 1989. A shop in Cliftonville sold Aurora AFX products, lots of new cars to buy! I decided to make a permanent track fixed to a board then add scenery & make things like grandstands & paint little figures to fit in them! I also put lights in some of the buildings & static rescue vehicles.

Then in the mid 90's Scalextric came out with Micro Scalextric, the cars were of the same small scale & they even made a section of track so you could connect their micro track to existing Aurora track. So I have been adding some of their cars to my miniature racing world. I also like to repaint some cars to represent real racing teams or indeed just to use my own imagination!

So what's a grown man (pensioner!) doing with such a hobby? I would compare it with grown men riding Scenic railways. The sad thing about such hobbies is the demise of the model shop. I guess young people of today prefer computer games to tubes of glue and tins of paint!

A photo of my miniature world will perhaps intrigue you, there are 3 food stalls – "Pam's Pastries" (Mum), "Bruce's Humbug Bar" (Dad) & my own "Stephen's" snack bar with Eccles cakes!! There is also an Ice Cream wagon somewhere! Enjoy! Your Scribe, Stephen/Bruce



Wantsum Churches



'Walk the Walk' Sunday 31st May



All four Benefice churches
will host part of the day.

'Walk the Walk' isn't just for those who come to church.

Anyone is welcome to join in at any point.

We only ask that you let us know in advance
if you would like lunch and/or supper (see below).

All drinks and food will be provided:
donations to offset the costs will be invited on the day.

FURTHER INFORMATION IS AVAILABLE
AT YOUR CHURCH

The Programme

Starting at Chislet at 9am with refreshments followed by a 'light-touch'
Communion service.

After a 3.8 mile walk to St. Nicholas, lunch at approx. 12.30
(lunch needs to be booked, please).

Then to Monkton for 2.30pm Worship.

Finally, the last leg of approx. 3 miles to Minster for Closing Worship in the
church at approx. 4.30pm

followed by soup and crusty bread in the Old School Hall (which needs to be
booked, please)

Anything else you'd like to know, contact

Revd Sally Willins 01843 822428/sal.ly13@aol.co.uk

Lunch and/or supper bookings to

Revd Sally Willins 01843 822428/sal.ly13@aol.co.uk

Sheila Greenstreet (Benefice Administrator) wantsumchurches@gmail.com



1st WESTGATE RAINBOWS

For Girls aged 4 to 7 years

Meets Fridays in term time

4.15 to 5.15pm

Westgate Community Centre

APPLY HERE : <https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/>

Any queries: westgaterainbows@outlook.com



Changes to Canterbury Cathedral's Precincts Pass

Some members of our congregation recently found out that the Precincts Pass enabling free access to the Cathedral and grounds has been discontinued so many of us need to purchase its replacement, known as the Cathedral Pass. This costs £6 and is valid for five years. No discounts are available but children under 17 are not required to hold a ☐ pass and can visit free of charge with a Cathedral Pass-holding adult.

Please note no Pass or Visitor Ticket is necessary to attend services of worship in the Cathedral.

The new Pass can be held by anyone who;

Works in the old city of Canterbury ☐

Lives within 4 miles of Bell Harry tower, including ☐ within The Precincts ☐

Is a member of the Cathedral Congregation ☐

Is immediate family of a Cathedral staff member ☐

Is a Cathedral Volunteer ☐

Is a member of any church in the diocese (on the ☐ parish electoral roll or equivalent) ☐

If you are a Friend of Canterbury Cathedral, please see the last paragraph of this article. Otherwise please apply for a Pass online at www.canterbury-cathedral.org or call 01227 762862.

By signing up to the Cathedral's Pass holder mailing list, you will also be kept up to date with all the latest information on services, events and activities at the Cathedral, often before general release.

If you would prefer not to purchase a Cathedral Pass, a ticket can be purchased on the day of your visit at the Cathedral's Visitor Centre. The standard visitor ticket is valid for 12 months, meaning you can re-visit the Cathedral as often as you want during that time at no extra cost.

Canterbury Cathedral can also be supported via Friends of Canterbury Cathedral membership. This is available to anyone, regardless of location, and offers free visitor entry, a range of free or discounted events, and discounts in the Cathedral Shop and Lodge for an annual membership fee. To become a Friend, please visit <https://www.canterbury-cathedral.org/get-involved/become-a-friend/>

Diocese of Canterbury

Guidance on the Distribution of Holy Communion

March 2025

The normal practice for the distribution of the bread and wine of Holy Communion in the Church of England has, since the reformation, been for both bread and wine to be consumed by each communicant and for wine to be distributed from a common cup.

From time to time there have been situations in which advice or instruction has been given to suspend the use of the common cup in a health emergency and following public health advice. Two examples of this this century have been the outbreak of “Swine ‘Flu” in the 2000s and, more significantly, the COVID-19 pandemic in the early 2020s. Many churches across the Diocese of Canterbury have not resumed the normal practice of distributing Holy Communion after the pandemic.

Since 2022 there have been no restrictions on the use of the common cup and on communion in both kinds. The House of Bishops’ COVID-19 Recovery Group’s advice states that

*Holy Communion should be administered in both kinds unless there is a clear and objective reason why there would be a significant risk in doing so, such as local public health warnings relating to coronavirus levels in your area. It is important that no pressure is placed on members of the congregation to receive the sacrament if they feel unable to do so. **Because of ongoing potential risks to health, an individual communicant may choose to receive only in the form of bread even if consecrated wine is being distributed.***

Therefore, normal practice should now be considered to be for Holy Communion to be distributed in both kinds (bread and wine) and that the common cup be used. Incumbents and Parochial Church Councils of churches where the common cup has not been reintroduced are encouraged to consider its reintroduction and that the normative practice of the Church of England be resumed across the Diocese. The use of individual glasses or cups for individual communicants remains unlawful.

Public health and good hygiene remain important. Therefore

- Those who feel unable to receive the common cup may receive Holy Communion in one kind (bread) only.
- Individual communicants may not dip the bread into the wine (intinction) themselves.
- Care should continue to be taken by those presiding at Holy Communion to maintain high levels of hygiene, including hand washing.
- Those who show symptoms of illness should take steps to minimise their contact with others, including at Holy Communion.
- In cases of particular need, individual communicants may request the minister to dip the bread in the wine (intinction) before giving it to the communicant. **However, this is the exception rather than the norm.**
- PCCs may continue to make local arrangements for how any greeting is organised at the Peace in services of Holy Communion.

+Rose Dover

CHURCH ACTIVITIES

Toddler Time Group meets Monday mornings 9.15am to 11.30am. **TERM TIME ONLY.**

Bellringers Practice every Thursday 7.30 to 9pm.

Bible Study Group meet Thursday at 7pm, details & inquiries ring

Susan 836430 .

The Westgate Heritage Centre MEETS 1st SATURDAY of each month at Christchurch URC 10am to 12noon . Refreshments available. See website for further details.

The Friends of St Saviour's Church - Annual Membership Fee only £5

New members welcome. Join the Friends of St Saviour's church Subscription only £5 per year . All monies raised go towards the upkeep of the church and grounds. Membership forms at the back of the church or ring

Debbie Tel: 01843 446584 / 07896508399 email: drdebbie08@gmail.com

Church Cleaning As announced.

Friday Pop In 10.30am to 12 noon

St Saviour's Church has a Hearing Loop System

Large print Hymn Books are available.

Gluten Free wafers are also available please see

Sidespersons or Churchwardens



CHURCH SERVICES

Sunday Services

9am Holy Communion Prayer Book on the 2nd and 4th Sunday of each month .

10.30am Sung Eucharist

Service of the Word once a month when advertised.

Family Service for all ages the 1st Sunday of each month at 10.30am.

SEE NOTICES FOR SERVICES

COMMUNITY ACTIVITIES

1st Westgate Rainbows Fridays 4.15 to 5.15pm

8th Westgate Brownies & Guides Fridays 5.30 to 7pm

Brownies for ages 7 to 10 years Guides for 10 to 16 years

Both held at the Community Centre, Westgate.

JOIN THE **ADVENTURE....**

Come along and try 1st Westgate-On-Sea
Scout Group for Boys and Girls

Where: The Billabong,
St. Crispins Road
Westgate-On-Sea CT8 8EB

When: Beavers: Tuesday 5:15pm—6:30pm
Cubs: Tuesday 6:45pm—8:15pm
Scouts: Thursday 7:00pm—9:00pm

Ages: Beavers: 5 3/4—8 years
Cubs: 8—10 1/2 years
Scouts: 10 1/2— 14 years

Contact: 1st Westgate-On-Sea Scout Group
Email: 1stwestgatescoutgroup@gmail.com